











Welcome to BARONY COUNTRY FOODS

We originally started Barony Country Foods in a small converted byre at Carse of Ae Farm, near Dumfries in 1998. From its modest conception the company has steadily expanded whilst gaining an enviable reputation for our excellent produce and service. We now send our produce, not only to hotels and restaurants in Dumfries and Galloway, but to quality establishments and private customers all over the UK.

In summer 2015 continued success encouraged the ambitious move to our current location in the historic town of Lochmaben. Our new premises were purpose built with state of the art refrigeration and a bright new shop where customers can browse and purchase our products from counters displaying our exceptional selection of fresh fish, shellfish, frozen and deli produce.

With our well informed, enthusiastic team we aim to make your visit to Barony Country Foods a very pleasant experience.

Our shop at Barony Country Foods was awarded 4 Star Tourist Shop status by Visit Scotland and we have maintained this status through to 2017/2018





We are also very proud to announce that Barony Country Foods was awarded with Dumfries and Galloway Life Magazine's "Producer of the Year" for 2016/2017

Our shop is open from 9am until 3pm from Tuesday to Saturday. There is ample parking with wheelchair access and disabled parking right beside our door.



Barony Traditional Oak Smoked Salmon

Superior Scottish Atlantic salmon fillets cured in sea salt then slowly smoked over oak chips. These delicious smoked fillets are then hand sliced and the brown meat removed leaving only the prime part of each slice. Our traditional smoked salmon was awarded 2 Gold Stars at the Great Taste Awards.



1kg Hand Sliced Side	each
Unsliced Sides, Approx. 1 kg	per kg
250g Hand Sliced Pack, Approx. 8 Slices	each
125g Hand Sliced Pack, Approx. 4 Slices	each
250g Pack Smoked Salmon Trimmings	each
Smoked Wild Solway Salmon	

Barony Hot Smoked Salmon

Our hot smoked salmon is produced in a similar fashion to the traditional smoked sides except the temperature is increased at the end of the process to smoke roast the sides through, making a delicious, flaky smoked salmon.

Hot Smoked Salmon Sides, Approx. 1kg	per kg
Hot Smoked Salmon Portions, Approx. 160g	per kg
Hot Smoked Salmon Sides with Honey and Lime, Approx. 1kg	per kg
Hot Smoked Salmon Portions with Honey and Lime, Approx. 160g	per kg

Barony Hot Smoked Rainbow Trout Fillets

These rainbow trout are hung up in the kiln on metal rods known as speats, oak smoked then cooked in the smoke before being expertly filleted and vacuum packed in pairs.



Our hot smoked rainbow trout fillets were awarded a Silver Award in the Great Taste Awards.

Packed in pairs at approx. 180g per pack	per kg

Barony Traditional Oak Smoked Rainbow Trout

These rainbow trout are prepared exactly as our traditional smoked salmon. The finished product is redder in colour and has a finer texture than our smoked salmon.

200g Pack Smoked Trout	each

Traditional Smoked Fish

These traditional smoked fish are smoked for us in Aberdeen and Arbroath in smokehouses owned and operated by the same families for generations. They are available loose or packed in 3.18kg (1/2 Stone) cases.

Smoked Haddock (Undyed) 200-250g Fillets	per kg	per case
Split Kippers (Undyed) Packed in Pairs at 350-400g /Pack	per kg	per case
Boneless Kipper Fillets (undyed) Packed in Pairs at 300-350g/Pack	per kg	per case
Smoked Mackerel - Packed in Pairs at 300-350g/Pack	per kg	per case
Smoked Mackerel Peppered - Packed in Pairs at 300-350g/Pack	per kg	per case
Arbroath Smokies – Packed in Pairs at 450-550g/Pack	per pack	per case
Smoked Eel Fillets, 100g pack	per pack	per case

O2 Barony Country Foods Pricelist O3

Barony Smoked Game and Poultry

All our smoked game and poultry is produced in a similar traditional fashion. Brined in sea salt then slowly smoked over oak chips in our kilns. The temperature is then increased to cook the product before being cooled and vacuum packed. All these products are ready to eat and are best served at room temperature.



Smoked Duck Breast, Approx. 160g	per kg
Smoked Goose Breast, Approx. 180g	per kg
Smoked Chicken Breasts, Packed in pairs. Approx. 300g per pack	per kg
Smoked Woodpigeon Breasts, 4 breasts per pack. Approx. 180g per pack	pack
Smoked Pheasant Breasts. Packed in Pairs, Approx. 200g per pack	pack

Barony Smoked Venison

Our smoked venison is a hot smoked product which has been brined then smoked slowly for an extended period of time. This makes the venison contract and firm up. These pieces of prime venison haunch are then thinly sliced and vacuum packed.





Fresh Scottish Atlantic Salmon

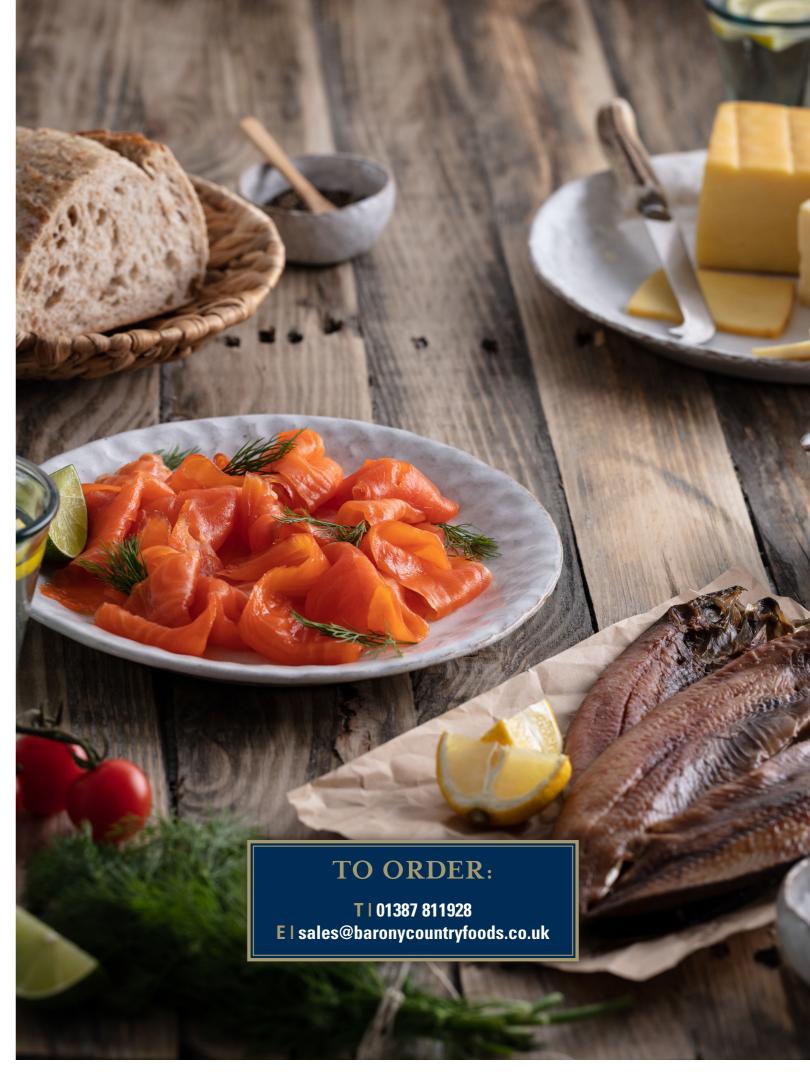
We normally receive 3 deliveries of salmon each week. These salmon are farmed in the far North West of Scotland or in Shetland where strong tidal currents ensure that our salmon are firm and strong fish as close to wild salmon as possible. Our fish are delivered packed in ice in temperature controlled vehicles so they arrive with us in absolutely top condition. We can skin and portion our fresh salmon to your own specifications and vacuum pack for freezing where necessary.

Whole Superior Gutted salmon, 3-4 kgs	per kg
Whole Superior Salmon Fillets, Scaled and Pin-Boned 1.5 - 2.0kgs	per kg
Salmon Fillet Portions, Individual Vac Pack 180-200g	per kg

Fresh Fish

Our fresh whitefish is primarily sourced from the ports of Fraserburgh and Aberdeen in North East Scotland. Other more exotic fish like bass, tuna and swordfish are sourced from various other countries. We receive overnight refrigerated deliveries on Tuesday to Friday every week. The price and availability of fresh fish is subject to fluctuation due to weather conditions and the seasonal nature of this natural harvest. All of our fresh fish can be gutted, filleted, prepared and packed to our customer's specification. An example of the fish we usually have in stock with approximate prices. Please phone for up to date details of availability and price.

Haddock Butterfly Fillets, Skinned - 140-160g	per kg	Hake Fillet, 900g +	per kg
6.36kg Case	per st	Gutted Rainbow Trout, 450-500g	per kg
Haddock Single Fillets, Skinned -200-220g	per kg	Rainbow Trout Fillets 140-160g	per kg
6.36kg Case	per st	Swordfish Loin	per kg
Cod Fillets, 1 - 3 kgs	per kg	Tuna Loin	per kg
Cod Single Fillets, Skinned - 200-220g	per kg	Halibut	per kg
6.36kg Case	per st	Halibut Fillets	per kg
Monkfish Tails 1-2kg	per kg	Pollock Fillets, 500g+	per kg
Monkfish Loins, Skinless and Boned - 500g-1kg	per kg	Plaice Fillets, 200-300g	per kg
Whole Sea Bass, 400-600g	per kg	Boned Herring Butterflies	per kg
Sea Bass Fillets, 100-140g	per pair	Whole Mackerel	per kg
Whole Sea Bream, 450-500g	per kg	Mackerel Fillets	per kg
Sea Bream Fillets, 100-140g	per pair	Lemon Sole Fillets	per kg



O4 Barony Country Foods Pricelist O5

Smoking Anglers' Salmon

At Barony Country Foods we smoke, slice and pack anglers' salmon, trout and seatrout. These fish can be dropped off and collected at our premises in Lochmaben or for visiting anglers, sent by overnight courier to their address on their return home. Prices are calculated on the whole, ungutted weight of the fish.

Smoked, Sliced and Packed	£5.00	per kg
Smoked and Packed	£4.00	per kg
Smoke Roasted and Packed	£4.50	per kg

Wild Solway Salmon & Seatrout

Every year from around June until the beginning of September, we buy wild salmon and seatrout from the fishermen who operate the haaf nets on the Solway Firth. This method of catching salmon has been practised on the Solway since the days of Robert the Bruce. It is widely recognised as the most sustainable method of commercial salmon fishing and is completely dependent on weather conditions and stock levels being plentiful. These salmon are available whole or prepared to your own specification. During this short season we also oak smoke a proportion of these wild fish and these are available in the same pack sizes as our standard smoked salmon range. Please contact us for details and availability.

Wild Solway Salmon 3.5kg+	POA	
Wild Solway Grilse, under 3.5kg	POA	
Wild Solway Seatrout	POA	
Smoked Wild Solway Salmon	POA	

Fresh Shellfish

Our shellfish is sourced from the North West coast of Scotland where the clear, tidal seawater, warmed by the Gulf Stream is the ideal environment for these crustaceans to grow.

The price and availability of shellfish is subject to fluctuation due to weather conditions and the seasonal nature of this natural harvest.

Rope Grown Mussels 2kg Net	per net
King Scallop Meat 2kg Tub	tub
King Scallop Meat	per kg
Queen Scallop meat	per kg
Langoustines 10-15 per kg	per kg
Langoustines 15-20 per kg	per kg
Surf Clams	per kg
Live Lobster	per kg
Live Crab	per kg
Oysters	each
Dressed Crab	each
Pasteurised White Crab Meat, 500g pack	pack
Solway Brown Shrimps, 100g Pack	pack
Crayfish Tails, 900g Tub	tub

Frozen Fish and Shellfish

At Barony Country Foods we keep a vast selection of frozen fish and shellfish from the far corners of the globe. These are delivered to us by our approved suppliers and held in our coldstore on site. Below is a list of our most popular products. Discount available on full cases.

	Peeled Greenland Prawns, U150, 2kg Pack	each	Case x 5 Bags
	Raw King Prawn Tails, 6-8 Shell on, 800g Pack	each	Case x 10 Bags
	Raw King Prawn Tails, 16-20, Peeled + Deveined, 1kg Pack	each	Case x 10 Bags
	Cooked Tiger Prawns, 31-40, Tip of the Tail on, 1kg Pack	each	Case x 10 Bags
	Breaded Wholetail Scampi, 454g pack	each	Case x 10 Bags
	White Crab Meat, 454g Pack	each	Case x 20 Packs
	50% White, 50% Brown Crab Meat, 454g Pack	each	Case x 20 Packs
	Clam Meat, 1kg Pack	each	Case x 10 Bags
	Clam Meat, Half Shell 1kg Pack	each	Case x 10 Bags
	Mussel Meat, 1kg Pack	each	Case x 10 Bags
	Wholeshell Mussels, 1kg pack	each	Case x 5 Bags
	Seafood Cocktail, 1kg pack	each	Case x 8 Bags
	Squid Tubes, 1kg Pack	each	Case x 10 Bags
	Baby Squid, 454g pack	each	Case x 20 Packs
	Whitebait, 500g pack	each	Case x 10 Bags
	Fish Pie Mix, 500g Pack	each	
	Sardines, Whole, 1kg Pack	each	Case x 10 Bags
	Sea Bass Fillet Pairs, Min. 200g	Pair	Case x 24 Packs
	Sea Bream Fillet Pairs, Min 200g	Pair	Case x 24 Packs
	Tuna Steaks, 180-200g	kg	Case x 24 Steaks
	Swordfish Steaks, 180-200g	kg	Case x 24 Steaks
	Red Snapper Fillets	kg	Case x 5 Kilos
	Peeled Prawns		200g
	Cooked Crab Claws		454g
	Seafood Basket		200g
	Salt & Pepper Squid		500g
	Langoustines 10-15%		1kg
d	IQF Haddock Fillets		4.54kg
	IQF Plaice Fillets		4.54kg
	IQF Lemon Sole Fillets		4.54kg
	Chilli and Mango King Prawns		500g
	Luxury Spring Onion & Mozerella Cakes		4 Cakes
	Premium Fish Cakes		4 Cakes

TO ORDER:

T | 01387 811928 E | sales@baronycountryfoods.co.uk

O6 Barony Country Foods Pricelist 07

Scottish Wild Venison

All of the venison processed by Barony Country Foods is sourced from sporting estates in Scotland. We purchase prime carcasses of red, roe, fallow and sika which are boned and packed in our own facility at Lochmaben. We supply every cut of venison imaginable from tiny, succulent medallion steaks to whole haunch roasts. Haunches, saddles etc. can be cut and packed to your own specification.

Whole Haunches, Bone in 3-6 kgs	per kg
Haunch Roasts 1-3+kgs	per kg
Haunch Steaks, 200g each, Packed in Pairs	per kg
Casserole, Prime 500g Pack	each
Casserole, Prime 2.5kg Pack	each
Mince 500g Pack	each
Mince 2.5kg Pack	each
Whole Saddles 2-6kg	per kg
Striploins 1-3kg	per kg
Loin Fillet (Fully Trimmed)	per kg
Short Loin (Fully Trimmed)	per kg
Venison Haggis, 500g Bung	each
Spicy Cumberland Sausage, Approx. 500g	per kg
Link Sausages, Approx. 500g	per kg
Venison Burgers, 2 per Pack, 160g Each	pair

Wild Boar

The population of wild boar in Scotland has increased in recent years mainly due to farm escapes. These feral pigs have found the Scotlish countryside an ideal home and are now breeding successfully in many areas.

Wild Boar Casserole 500g Pack	each
Wild Boar Casserole 2.5kg Pack	each
Wild Boar Steaks, 400g each, packed in pairs	per kg
Wild Boar and Apple Burgers, 2 per Pack, 160g Each	pair

Game Products

During the game season we purchase various gamebirds and wildfowl such as pheasants, grouse, partridges, mallard etc. These birds are from various local sporting estates in South West Scotland and the North of England. All of our gamebirds, wildfowl etc. are sold oven ready for your convenience.

Pheasant	each
Pheasant Breasts, 6 per Pack	pack
Partridge	each
Mallard	each
Mallard Breasts, 4 per Pack	pack
Woodcock	each

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Snipe	each
Teal	each
Woodpigeon	each
Woodpigeon Breast, 10 per pack	pack
Game Pie Mix, 500g pack	pack
Game Pie Mix, 2.5kg pack	pack

Red Grouse

Our grouse are sourced exclusively from Coignafearn Estate near Tomatin in the Scottish Highlands. This estate has a strict policy of managing their sporting interests in red deer, red grouse and fisheries in a sustainable and ethical manner and successfully integrating these traditional uses with ecological restoration. These are truly wild grouse sourced from a beautiful and environmentally enlightened estate which does not use medicated grit, dosing or intensive moorland management to enhance the natural population.

Young Grouse	each
Old Grouse	each
Grouse Breasts, 2 per pack	pack

Wild Scottish Rabbit

Wild Scottish Rabbit (Oven Ready)	each
Wild Scottish Rabbit Meat, 500g Pack	each

Butchery

Barony Country Foods stock specially selected cuts of beef from UK farms. This beef is selected for taste and tenderness and seldom disappoints.

All cuts of beef can be cut and packed to the customer's specification.

	Pork Sausages	per kg
	Black Pudding Stick	per kg
	Black Pudding Rings x 4	per kg
	Dry Cured Bacon	per kg
	Oak Smoked Dry Cured Bacon	per kg
×	Gammon Joints	per kg
	Beef Mince	per kg
	Beef Casserole	per kg
	Beef Sirloin Whole	per kg
	Beef Sirloin Steaks x 2	per kg
	Beef Ribeye Whole	per kg
-	Beef Ribeye Steaks x 2	per kg
	Beef Fillet Whole	per kg
	Beef Fillet Steaks x 2	per kg
	Beef Brisket	per kg
	Beef Topside Roast	per kg
	Haggis Stick	per kg
	Haggis Ring x 4	per kg
	Beefburgers	6oz
	Meatballs	500g

per kg

Poultry Products

Legs of Lamb

We stock a wide range of specially selected poultry products at Barony Country Foods. These products range from standard chicken fillets to more specialist birds like poussin, quail and corn fed chickens.

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	Chicken Fillets, 200-240g Packed in Pairs		pair
	Chicken Fillets, Skinned, 200-240g, Packed in 5kg Tub		tub
	Corn-Fed Chicken Supremes, 180-220g, Packed Packed 5 Per Tray		tray
	Chicken Thighs Boneless		per kg
	Salt & Pepper Crispy Chicken Strips		per kg
	Crispy Breaded Chicken Strips		per kg
É	Quail, Whole, Packed in 4's		pack
Ž	Quail, Boned, Packed in 4's		pack
	Poussin, whole		each
	Whole Guinea Fowl 1.4kg		per kg
	Guinea Fowl Supremes, 200-240g, Packed in Pairs		pair
	Duck Breasts, 220-280g, Packed in Pairs		per kg
	Duck Legs, 350-400g, Packed in Pairs		per kg
	Goose Breasts, 275g+		per kg
-	Goose Fat 180g		per jar
	Chicken Liver		per kg
	Duck Liver		per kg
	Duck Fat		per kg
	Free Range Turkey	Christmas	Only
	Free Range Goose	Christmas	Only
	Free Range Duckling	Christmas	Only

O8 Barony Country Foods Pricelist 09

Delicatessen and Other Products

Oak Smoked Garlic Bulbs	each
Samphire (available in the summer season)	per kg
Serrano Ham, Sliced, 500g	pack
Prosciutto, Sliced, 500g	pack
Chorizo, Sliced, 500g	pack
Cooking Chorizo, 1kg	per kg
Pancetta, Sliced, 500g	pack
Mortadella, Sliced, 500g	pack
Milano Salami, Sliced, 500g	pack
Morcilla, Spanish Black Pudding	per kg
Lumpfish Caviar, 100g Jar (Black)	each
Lumpfish Caviar, 100g Jar (Red)	each
Local Honey, Runny or Soft-Set, 227g jar	per jar
Local Honey, Runny or Soft-Set, 340g jar	per jar
Local Honey, Runny or Soft-Set, 454g jar	per jar
Panko Breadcrumbs	1 kg
Bandilleros	200g
Squid Ink	5g sachet
Keta Caviar	100g
Lumpfish Caviar	100g
Crab Soup	1 litre
Lobster Soup	1 litre
Horseshoe Chorizo	200g
Duck & Orange Pate	per kg
Boiled Ham	per kg
Onion Rings	454g
Salted Butter	250g
Verstagen Mushroom Sauce	80g
Verstagen Diane Sauce	80g
Verstagen Stilton Sauce	80g
Verstaggen Pepper Sauce	80g
Selection of Mrs Bridges Jams & Chutneys	340g

Cheeses

Scottish Cheddar	per kg
Oak Smoked Scottish Cheddar	per kg
Brie	per kg
Oak Smoked Brie	per kg
Scottish Oatcakes	each

Egg

Lancashire Quails Eggs	dozen
Dumfriesshire, Free Range Duck Eggs	dozen
Local Free Range Hen Eggs	dozen
Local Goose Eggs	each

Miscellaneous Items

4 Litre Plastic Tubs with Lids	each
2 litre Plastic Tubs with Lids	each
Sanitised King Scallop Shells	each
PVD Salt, 25kg Bag	bag
200mm x 300mm Vacuum Bags	per 1000
Oak Smoking Chips	per kg

Mail Order

We operate a mail order service within the UK and despatch on Monday to Thursday for next day delivery between 9am and 4pm. Your order will be delivered by courier in a chilled, polystyrene box to maintain freshness. The cost of this service is generally £10 per delivery. If you would like a delivery offshore, to Northern Ireland or to one of the more remote parts of Scotland please give us a phone and we can give you a quote for your delivery. If your order is for a present, we can enclose a gift card with a personal message at no additional cost. www.baronycountryfoods.co.uk

Weekly Special Products Email

Almost every week we send out an email to all our customers with details of any special offers that we may have as well as any unusual or seasonal products that we have been able to source. If you would like to receive this list please just give us a call or send an email and we will make sure your email address is included in the circulation.

Email. sales@baronycountryfoods.co.uk Tel. 01387 811928

Ordering and Delivery

Please try to have your order in to us by telephone or email at least one day before you require your delivery.

We have a 24 hour answering service and our email is checked first thing in the morning and regularly throughout the day.

Our normal delivery days for the following areas are -

Dumfries - Monday - Saturday Lockerbie, Lochmaben - Monday - Saturday Moffat area - Tuesday and Thursday Annan, Gretna, Longtown Etc. - Tuesday and Thursday Castle Douglas, Dalbeattie, Kippford, Carsethorne Etc. - Tuesday and Friday Thornhill, Moniaive Etc. - Thursday

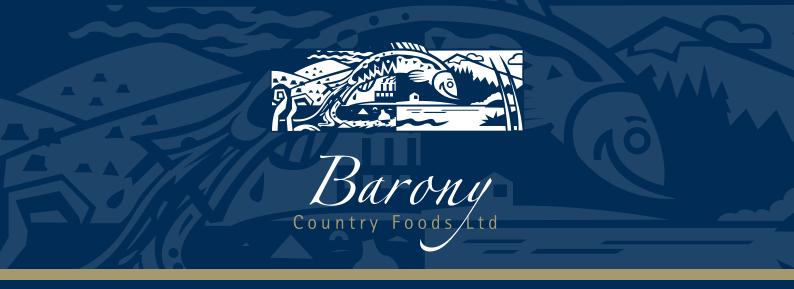
Other areas can receive deliveries via our overnight mail order

If you are unsure of the delivery day for your area or require an additional delivery please contact us.

Tel: 01387 811928

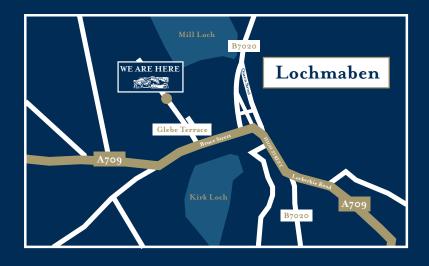
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10 Barony Country Foods Pricelist II Barony Country Foods Pricelist II



Barony Country Food Ltd

Unit 4, Laverockhall Glebe Terrace Lochmaben Lockerbie DG11 1RE



T | 01387 811928

E | sales@baronycountryfoods.co.uk

www.baronycountryfoods.co.uk

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